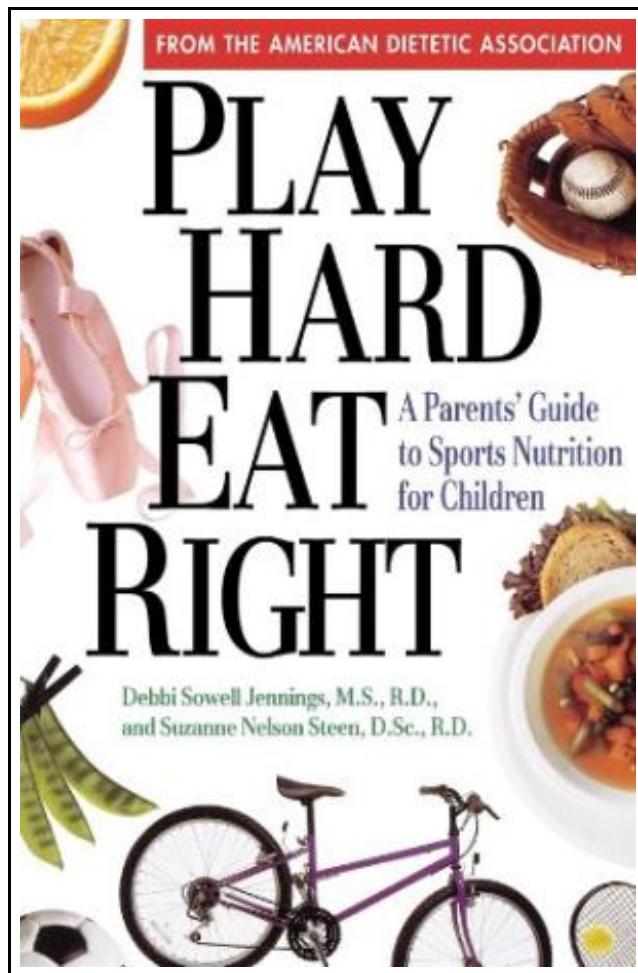


## Play Hard, Eat Right: A Parent's Guide to Sports Nutrition for Children



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### Reviews

*A must buy book if you need to adding benefit. It is actually written in basic phrases and never difficult to understand. I found out this book from my dad and I advised this publication to find out.  
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## PLAY HARD, EAT RIGHT: A PARENT'S GUIDE TO SPORTS NUTRITION FOR CHILDREN

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