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The Magic of Bananas for Cooking and Healing (Paperback)

By Dueep Jyot Singh, Managing Director John Davidson

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Bananas For Cooking and Healing Table of Contents For Cooking and Healing Introduction Knowing More about the Banana Growing Bananas Best Temperature for Bananas Preparing the Ground for Bananas Banana Growing Tips Planting Bananas Why Not Seeds? Fertilizer Banana Diseases Ripening on the Tree Harvesting Bananas Storing of Bananas One Banana or Two Yogurt and Bananas Dry Cough Want to Gain Weight? Ulcers in your mouth? Nosebleed The Difference between Bananas and Plantains Talking about Banana Republics Bananas as a Healthy Complete Food Banana Leaves Using Banana Leaves for Cooking Grilling Tip Using Banana Leaves for Wrapping Food and Steaming Banana Fiber Banana and Coconut Rings with Palm Sugar Coconut Milk and Coconut Cream Plantain and Lamb Curry Banana Bread Conclusion Introduction If you were a part of the flapper scene in the roaring 20s and 30s you would be Charleston-ing to Yes, yes, we have no bananas. Going bananas was popular slang for someone who thought he or she was losing his marbles over someone or something. A Bright Young Thing of that Era...



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Reviews

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Complete information! Its such a excellent study. It is filled with knowledge and wisdom I realized this publication from my dad and i advised this publication to find out.

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