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Moose Medicine: Healing Wisdom from the Natural World (Paperback)

By Robyn Bridges

Balboa Press, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Addressing the pervasive longing for healing and belonging, Montana resident and therapist Robyn Bridges invites us to come along on a personal journey into the sentient arms of the natural world. Through a series of short stories of actual encounters with moose and other wildlife in southwest Montana, we adventure with her to find strength and renewal as an antidote to the disappointment and sorrow inherent in life. Gleaned from her years spent alone in lively conversation with the natural world, Bridges offers a feminine and indigenous pathway to becoming more intimate with our inner nature through exploring the natural world. And, like the solitary moose who ambles through streams finding needed nourishment, we discover how to thrive even through the seasons of our own aloneness. Moose Medicine provides a moist template through which the reader's own instinctive knowing will tread.



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