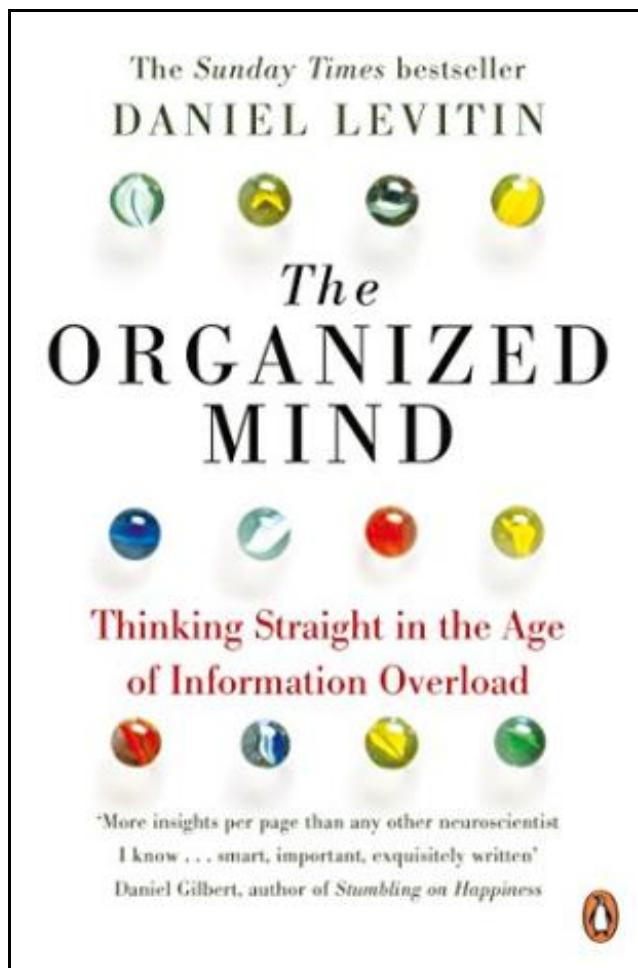


The Organized Mind: Thinking Straight in the Age of Information Overload



Filesize: 4.9 MB

Reviews

A really wonderful book with perfect and lucid information. I actually have study and i am sure that i am going to gonna read through once more yet again in the future. I am pleased to explain how this is actually the finest ebook we have study inside my personal daily life and might be the finest book for at any time.

(Kristy Stroman)

THE ORGANIZED MIND: THINKING STRAIGHT IN THE AGE OF INFORMATION OVERLOAD

[DOWNLOAD PDF](#)

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Organized Mind: Thinking Straight in the Age of Information Overload, Daniel J. Levitin, Author and neuroscientist Daniel Levitin tackles the problems of twenty-first century information overload in his New York Times and Sunday Times bestselling book The Organized Mind. "Thought-provoking and practical. Good advice based on sound neuroscientific principles." (Sunday Times). "Impressively wide-ranging and thoughtful. There are fascinating facts and examples throughout." (Wall Street Journal). "Deservedly a bestseller. Levitin demonstrates how easily we are bamboozled by statistical tricks, making his points with pithy stories." (Independent). "Levitin is about as knowledgeable a guide to neuroscience as one might hope for." (New York Times Book Review). "More insights per page than any other neuroscientist I know. smart, important, exquisitely written." (Daniel Gilbert, author of Stumbling on Happiness). "Sensible, practical advice. a comprehensive account of the way we think about organizing everything from our possessions to our friends." (Financial Times). Even the smartest mind can't beat the organized mind. In the digital age we are overwhelmed by information. Unable to make sense of it all, our creativity plummets, decision making suffers and we grow absent-minded. The twenty-first century sees us drowning under emails, forever juggling six tasks at once and trying to make complex decisions ever more quickly. This is information overload. In The Organized Mind, we learn how we got here and why smart organization improves our memories and attention - and makes us more imaginative and clear-sighted. Using a combination of academic research and examples from daily life, neuroscientist and bestselling author Daniel Levitin explains how to take back control of your life. You'll discover that: your brain has a daily processing limit - why waste it on cat photos? Pressing Send or clicking Like gives a dopamine hit - it's addictive - Daydreaming is your...

[Read The Organized Mind: Thinking Straight in the Age of Information Overload Online](#)[Download PDF The Organized Mind: Thinking Straight in the Age of Information Overload](#)

See Also



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Download PDF »](#)



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Download PDF »](#)



A Parent's Guide to STEM (Paperback)

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.This lively, colorful guidebook provides everything you need to know...

[Download PDF »](#)



Edge] the collection stacks of children's literature: Chunhyang Qiuyun 1.2 --- Children's Literature 2004(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2005 Pages: 815 Publisher: the Chinese teenager Shop Books all book....

[Download PDF »](#)



3-minute Animal Stories: A Special Collection of Short Stories for Bedtime

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, 3-minute Animal Stories: A Special Collection of Short Stories for Bedtime, Nicola Baxter, Andy Everitt-Stewart, This is a very special selection of children's stories, specially devised to...

[Download PDF »](#)



Help! I'm a Baby Boomer (Battling for Christian Values Inside America's Largest Generation)

Victor Books, 1989. Trade Paperback. Book Condition: New. Second Printing. 8vo - over 7¾" - 9¾" Tall. Buy with confidence from "Your neighborhood book store, online (tm) - Since 1997 delivering quality books to our

[Download Document »](#)



No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any

[Download Document »](#)



Very Short Stories for Children: A Child's Book of Stories for Kids

Paperback. Book Condition: New. This item is printed on demand. Item doesn't include CD/DVD.

[Download Document »](#)



A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to

[Download Document »](#)



The Siren's Feast

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, The Siren's Feast, Benjamin Hulme-Cross, Nelson Evergreen, A twelve-book series of supernatural horror scares that will hook even the most reluctant readers. The Dark Hunter Mr

[Download Document »](#)